

## Minnesota Ballet COVID-19 Policy

Updated March 2023

At the Minnesota Ballet, our priority is the health and safety of our dancers, their families, our patrons, and our staff. In accordance with guidance from the CDC and local health authorities, all Ballet personnel (students, dancers, teachers, staff) and patrons are **required** to wear a face covering when [COVID-19 Community Level](#) is “**HIGH**” in St. Louis County.

Minnesota Ballet personnel are encouraged, but not required, to wear a face covering while in the studio when [COVID-19 Community Level](#) is “**MEDIUM**” in St. Louis County.

Disposable masks and hand sanitizer are available for your use while visiting Minnesota Ballet.

We will continue to monitor local cases and guidelines and will implement safety protocols as indicated to maintain a safe environment for all. Thank you for your continued support and patience during this challenging time.

**Ballet students, dancers, teachers and staff are expected to adhere to the following guidelines:**

### IF YOU WERE EXPOSED

If you have been in close contact with someone who has COVID-19, follow the [CDC Guidance on Quarantine](#):

- If you were exposed to COVID-19 and are **NOT up-to-date** on COVID-19 vaccinations stay home for at least 5 days, and get tested at least 5 days after you last had close contact with someone with COVID-19.
- If you were exposed to COVID-19 and **are up-to-date** on COVID-19 vaccinations, you do not need to stay home for 5 days, but should get tested at least 5 days after you last had close contact with someone with COVID-19 even if you do not develop symptoms.

- If you were exposed to COVID-19 and had confirmed COVID-19 within the past 90 days (you tested positive using a viral test), you do not need to stay home **unless** you develop symptoms.

## **IF YOU ARE SICK**

If you are sick or have tested positive for COVID-19 with or without symptoms, follow the [CDC Guidance on Isolation](#):

- If you tested positive for COVID-19 or have symptoms, regardless of vaccination status, stay home for at least 5 days.
- If you had symptoms, end isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.
- If you did not have symptoms, end isolation after at least 5 full days after your positive test.